PROFESSIONAL DEVELOPMENT PLAN
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Strengths:
• Motivational Skills
• Teamwork Skills
• Good with children

Area of Growth:
• Time Management Skills

Objective:
• To improve my time management skills in order to accomplish task in a timely manner and decrease my stress level

Strategies:
• Make a “To Do List” each day of the different task I wish to accomplish
• To not over program myself, there is less stress
• Use a calendar to put future task and dates on to know when they should be completed

Assessment Procedures:
• If I have completed everything on the calendar by the due date
• If I have completed the “To Do List” each day
• If my stress level decreases